



Bike Maintenance Checklist

Bike make and model _____ Date: _____

	Pass	Fail	Comments
Frame			
All tubes in-line and free of damage			
Front fork			
Is fork straight and free of damage?			
No play between fork and frame			
Fork turns freely inside of headset			
Handlebars			
Handlebar is in line with front wheel			
Handlebar does not move when you hold the front wheel between your legs and twist the handlebars			
Grips are tight and in good condition, ends of handlebars are covered			
Saddle			
Saddle in good condition, firmly fixed and straight			
Saddle height adjusted at correct and comfortable level			
Air and wheels			
Tyres properly inflated and valve stem straight			
Good tread on tyres, no splits or cracks			
No dents, twists or kinks in rims			
Good tension in spokes, none missing, all tight			
When wheel is spun, wheel is true and centered in the stays			
Wheel spins freely and evenly, does not wobble			
Brakes			
Brake lever is in a comfortable position, firmly fixed			
Brake cable is not frayed			
Brakes operate effectively and smoothly			
Cable is correctly adjusted			
Cranks and pedals			
Crank turns freely and evenly, no looseness			
Pedals are tight and turn freely			
Chain, chainguard, chainwheel			
Clean and free of rust; lubricated properly			
Chainguard firmly fixed, not bent			
Chainwheel not bent; teeth not worn			
Derailleur			
Shifters and derailleur are operating properly			
Quick Releases			
Hubs: Closing lever makes an impression on your palm			
Brakes: Closed, brake pads are not rubbing on the rim			
Saddle: Closing the lever makes an impression on your palm			
Mudguard			
Firmly secured			
Lights			
Front light and tail light switch on and off and brake light is working			
Reflectors			
Clean and secure			
Rack or carrier bag			
Firmly secured			